

Perceived Control Scale (PCS)

After each statement, please circle whether it is “very false”, “sort of false”, “sort of true” or “very true” for you.

1. I can get good grades if I really try.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

2. I can make friends with other kids if I really try.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

3. I can not stay out of trouble no matter how hard I try.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

4. I can do well on tests at school if I study hard.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

5. I can not get other kids to like me no matter how hard I try.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

6. Even if I try to follow the rules I will get in trouble for my behavior.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

7. I can get good marks for my homework if I really work at it.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

8. If other kids are mean to me, I can not make them stop.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

9. If I try to behave, adults will like the way I act.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

10. I can not succeed at school no matter how hard I try.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

11. I can be popular with kids my age, if I really try.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

12. Even if I try to act right, I will still get yelled at for the things I do.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

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13. I can not get good grades no matter how hard I try.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

14. I can get other kids to like me if I try.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

15. If I try hard to behave the right way, I will not get yelled at.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

16. I can not do well on tests at school even if I study hard.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

17. I can not make friends with other kids no matter how hard I try.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

18. I can stay out of trouble if I really try.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

19. I can not get good marks for my homework, even if I work hard at it.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

20. If other kids are mean to me, I can get them to be nice.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

21. Even if I try to behave, adults won't like the way I act.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

22. I can succeed in school if I try.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

23. Even if I try, I can not be popular with kids my age.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE

24. If I try to behave, I can keep myself out of trouble.

VERY FALSE SORT OF FALSE SORT OF TRUE VERY TRUE