

BEHAVIOR AND FEELINGS SURVEY – YOUTH

How much have you had each of the following problems <u>during the past week</u>? Use a 0 to 4 scale. 0=not a problem 4=a very big problem	
My Thoughts and Feelings	Rating (0-4)
1. I feel sad	
2. I feel bad about myself, or don't like myself	
3. I feel down or depressed	
4. I feel nervous or afraid	
5. I worry about bad things happening	
6. I think sad or scary thoughts over and over again	
My Conduct and Behavior	
7. I talk back or argue with my parents or other adults	
8. I refuse to do what adults tell me to do	
9. I do things I am not supposed to do	
10. I am rude or disrespectful to people	
11. I argue with people	
12. I break rules at home or at school	