



VITA [Last revised June, 2016]

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Professor, Harvard Medical School

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Personal

Born Newton, Mississippi, USA Married, four children Wife: Jenny Weisz, attorney

Education

Yale University, MS and Ph.D.
Specialization: Clinical and Developmental Psychology

(Peace Corps Volunteer; Nairobi, Kenya)

Mississippi College, BA
Major: Psychology Minor: Philosophy

Positions

Professor of Psychology, Faculty of Arts and Sciences, Harvard University, 2007-present
Professor of Psychology, Harvard Medical School (Visiting Professor 2004; Professor 2005-present)
President and CEO, Judge Baker Children's Center, 2004-2012
Affiliated Faculty, Center on the Developing Child at Harvard, 2008-present
Professor, Department of Psychology. University of California at Los Angeles (1990-2006, on leave 2004-2006)
Professor, Department of Psychiatry and Biobehavioral Sciences, University of California at Los Angeles (2000-2006, on leave 2004-2006)
Director, Research Network on Youth Mental Health, 2001-2012
Chair, UCLA Graduate Program in Clinical Psychology, Director of Clinical Training, and Director of UCLA Psychology Clinic (1991-94)
Assistant Professor, Associate Professor, then Professor, University of North Carolina at Chapel Hill (1978-1990)

Director of Research and Psychological Services, Virginia Treatment Center for Children
 Richmond, VA, and Professor, Medical College of Virginia, Richmond, VA (1987-1988)
 Assistant Professor, Cornell University (1975-1978)

Awards, Offices, and Appointments in Professional Organizations

Klaus-Grawe Award for the Advancement of Innovative Research in Clinical Psychology and
 Psychotherapy, Klaus-Grawe Foundation for the Advancement of Psychotherapy Research, 2015
 James McKeen Cattell Lifetime Achievement Award, Association for Psychological Science, 2013
 Order of the Golden Arrow, Lifetime Achievement Alumni Award, Mississippi College, 2013
 Harvard Favorite Professors (Harvard College Class of 2011)
 Fellow, Association for Psychological Science, 2011
 Chair, Scientific Advisory Group, National Academy for Parenting Research, Institute of
 Psychiatry, University College London, London, UK, 2008-2012
 Affiliated Faculty, Center on the Developing Child at Harvard University, 2008-present
 Third Lantern Award, Rotary Club, 2009
 American Psychological Association Presidential Citation, 2008
 Chair, Child Mental Health Working Group, Center on the Developing Child at Harvard University,
 2007-2008
 Elected Fellow, American Academy of Clinical Child and Adolescent Psychology, 2007-
 President's Circle, Rotary Club of Boston, 2007 ["A select group of ten leaders in the Boston area"]
 Elected Member, Board on Children, Youth, and Families—National Academy of Sciences/Institute
 of Medicine, 2007-2010
 Distinguished Scientific Contribution Award, Society of Clinical Child and Adolescent Psychology,
 Division of Clinical Child and Adolescent Psychology, American Psychological Association, 2005
 Nicholas Hobbs Award, American Psychological Association Division of Child, Youth, and
 Family Services, 2004
 Distinguished Scientific Achievement in Psychology Award, California Psychological
 Association, 2004
 Elected Member, Board of Scientific Affairs, American Psychological Association, 2004-2007
 Diplomate, American Board of Professional Psychology, 2003-present (diploma #5738)
 Honorary degree: Master of Arts, Harvard Medical School, 2005
 Chair, Committee on Science and Practice, Society of Clinical Psychology (American
 Psychological Association, Division 12), 2000-2002
 Director, Research Network on Youth Mental Health, MacArthur Foundation, 2001-2012
 Distinguished Teaching Award, Department of Psychology, UCLA, 2001
 Chair, Committee on Evidence-Based Practice, Society of Clinical Child and Adolescent
 Psychology (APA, Division 53), 2001-present
 President, International Society for Research in Child and Adolescent Psychopathology, 2001-2003
 Best Dad Award, multiple years (but not renewed since 2001)
 President, Society of Clinical Child & Adolescent Psychology, Division 53, American
 Psychological Association, 2000

Clinical Licensure

Massachusetts license (Psychologist and Health Service Provider) #8479 (active 8/18/2005-present)
 NPI Individual Registry with National Plan & Provider Enumeration System: NPI#1013285212
 Previous licensure in North Carolina and California

Board Certification

Specialty Board Certification in Clinical Child and Adolescent Psychology, American Board
 of Professional Psychology—diploma #5738 (active 2003-present)

Clinical Training

Clinical Psychology Intern (APA-approved internship) Connecticut Valley Hospital,
 Middletown, Connecticut [Therapy and assessment with children and adults, 1974-5]

Professional and Community Boards and Service (past five years)

Board on Children, Youth, and Families—National Academy of Sciences/Institute of Medicine, 2007-2010

Chair, Scientific Advisory Group, National Institute for Parenting Professionals, Institute of Psychiatry, University College London, London, UK, 2008-present

Chair, Child Mental Health Working Group, Harvard Center on the Developing Child, 2007-08

Scientific Advisory Committee, Massachusetts Behavioral Health Partnership, 2005-present

Board of Directors, Children's League of Massachusetts, 2007-present

Committee on Evidence-Based Practice, Children's League of Massachusetts, 2007-present

Child and Adolescent Services Research Center, San Diego. Scientific Advisory Board, 2000-05

Teaching Experience: G=Graduate, U=Undergraduate**Harvard University** (2007-present)

1. Developmental Psychopathology (U and G)
2. Psychology Department Proseminar (G, Clinical Child & Adolescent Psychology)
3. Research Methods in Child and Adolescent Clinical Psychology (U and G)
4. Psychotherapy: Science and Practice (U and G)

University of California at Los Angeles (1990-2004)

1. Research on Child and Adolescent Psychopathology and Psychotherapy (G)
2. Foundations of Professional Clinical Psychology (G)
3. Various topical seminars (G)
4. Clinical Psychology of Childhood and Adolescence (U: I developed this course and taught it yearly; it was formally added to the undergraduate curriculum in 1996; in student course evaluations, it was the highest-rated large [i.e., over 100 students] lecture class in the Psychology Department)

University of North Carolina at Chapel Hill (1978-90)

1. Advanced Psychopathology: Childhood and Adolescence (G)
2. Introduction to Personality (U)
3. Psychological Disorders of Childhood and Adolescence (U: I developed this course; it was added to the undergraduate curriculum in 1981).
4. The Psychology of Control (U; topical seminar)
5. Developmental Perspectives on Child Psychopathology (G: topical seminar)

Cornell University (1975-1978)

1. Introduction to Human Development (U)
2. Atypical Development and Child Psychopathology (U)
3. Personality and Cognitive Development in the Mentally Retarded (G)
4. Cognitive and Personality Development (G)

Yale University (1973-1974)

Graduate Teaching Fellow, course in Developmental Psychology (U)

U.S. Peace Corps, Nairobi, Kenya (1968-1971)

Kenyatta National Hospital; Lecturer in Psychology—designed & taught 3 courses: Introduction to Psychology, Developmental Psychology, and Abnormal Psychology

Memberships

American Psychological Association: Member and Fellow of Divisions 12 (Society of Clinical Psychology) and 53 (Society of Clinical Child and Adolescent Psychology)

Association for Psychological Science: Member and Fellow

International Society for Research in Child and Adolescent Psychopathology, Member and Past-President

Former Doctoral Students (D) and Post-Doctoral Fellows (P) and their Positions

Sarah Kate Bearman (P).....Assistant Professor, University of Texas at Austin
 Brian C. Chu (P).....Associate Professor, Rutgers University;
 Director, Rutgers Youth Anxiety and Depression Clinic
 Geri R. Donenberg (D).....Professor, University of Illinois at Chicago
 Daniel M. Cheron (P).....Director of Training, Judge Baker Children's Center, Harvard Medical School
 Dikla Eckshtain (P).....Assistant Professor, Harvard Medical School/Massachusetts General Hospital
 Sarah Francis (P).....Associate Professor and Director of Clinical Training, University of Toledo
 Joe Albert Garcia (G).....Assistant Professor, California State University at Fullerton
 Elana Gordis (P).....Associate Professor, SUNY Albany
 Douglas A. Granger (P).....Foundation Professor of Psychology, Arizona State University
 Jane Gray (P).....Director of Psychology Training, Texas Children's Hospital;
 Clinical Assistant Professor, University of Texas at Austin
 Susan Han (G).....Research Associate Professor, Vanderbilt University
 Jenny Herren (P).....Clinical Assistant Professor, Brown University, & Rhode Island Hospital
 Kristin Hawley (G).....Associate Professor, University of Missouri
 Stanley Huey (G).....Associate Professor, University of Southern California
 Anya Ho (P).....Clinical Assistant Professor, University of California, San Francisco
 Amanda Jensen Doss (G).....Associate Professor, University of Miami
 Lauren Krumholz (P).....Founding Co-Director, Cognitive-Behavioral Therapy Program, Cambridge
 Health Alliance, Harvard Medical School
 Sofie Kuppens (P).....Assistant Professor, Erasmus University, The Netherlands
 Michael Lambert (G).....Professor, University of North Carolina at Chapel Hill
 David Langer (G,P).....Research Assistant Professor, Boston University
 Anna Lau (G).....Associate Professor, University of California, Los Angeles
 Nancy Lau (G).....Postdoctoral Fellow, University of Washington
 Carolyn McCarty (G).....Research Professor, University of Washington
 Bryce McLeod (G).....Associate Professor, Virginia Commonwealth University;
 Associate Editor, *Behavior Therapy*
 Antonio Polo (P).....Associate Professor, DePaul University
 Dorit Roer-Strier (G).....Professor and Director, Paul Baerwald School of Social
 Work and Social Welfare, Hebrew University of Jerusalem
 Michael Southam-Gerow (P).....Professor and Director of Graduate Studies, Virginia Commonwealth
 University. Associate Editor, *Journal of Consulting & Clinical Psychology*; Associate Editor, *Journal
 of Clinical Child & Adolescent Psychology*
 Kristel Thomassin (P).....Assistant Professor, University of Ottawa
 Christopher Thurber (G).....Psychologist and Faculty, Phillips Exeter Academy
 Ana Ugueto (P).....Assistant Professor, University of Texas Health Sciences Center, Houston
 Alanna Updegraff (G).....Director, Psychological Clinic, Graduate Program in Clinical Psychology,
 Kent State University
 Bernadette R. Walter (G).....Clinical Associate Professor and Director Noble H. Kelley Psychological
 Services Center, University of Louisville
 Robin Weersing (G).....Associate Professor, San Diego State University/
 University of California at San Diego—Joint Clinical Psychology Ph.D. Program; Associate Editor,
Journal of Clinical Child & Adolescent Psychology
 Bahr Weiss (G).....Associate Professor, Vanderbilt University; Senior Fellow,
 Vanderbilt Institute for Global Health; Visiting Foreign Professor, Vietnam National University
 Sarah W. Whitton (P).....Associate Professor, University of Cincinnati
 May Yeh (G).....Associate Professor, San Diego State University
 /University of California at San Diego—Joint Clinical Psychology Ph.D. Program

Professional Activities

Principal Editor for Clinical Psychology:

TheScientificWorld, 2000-2011

Associate Editor:

Perspectives on Psychological Science (American Psychological Society), 2007-2009

Journal of Consulting and Clinical Psychology, 2000-2001

Editorial Board for:

Annual Review of Clinical Psychology, 2007-2011

Child Development, 1980-1981

Child and Adolescent Mental Health, 2001-present

Clinical Psychological Science, 2011-present

Clinical Psychology: Science and Practice, 2002-2005

Developmental Psychology, 1978-1979

Development and Psychopathology, 1994-2000

Journal of Consulting & Clinical Psychology, 1987-1990, 1994-2000, 2002-present

Journal of Clinical Child and Adolescent Psychology, 1992-1996, 2010-present

Journal of Clinical Psychology, 1996-2000

Administration and Policy in Mental Health and Mental Health Services Research, 1997-2011

Report on Emotional and Behavioral Disorders in Youth, 2000-2011

Editorial Reviews for:

American Journal of Mental Deficiency; *American Journal of Psychiatry*; *American Psychologist*; *Archives of General Psychiatry*; *Behavior Therapy*; *Behavior Therapy and Experimental Psychiatry*; *Child Development*; *Clinical Psychology Review*; *Clinical Psychology: Science and Practice*; *Contemporary Psychology*; *Development and Psychopathology*; *Developmental Psychology*; *Evidence-Based Mental Health*; *International Journal of Behavioral Development*; *JAMA: Journal of the American Medical Association*; *Journal of Abnormal Psychology*; *Journal of Abnormal Child Psychology*; *Journal of the American Academy of Child and Adolescent Psychiatry*; *Journal of Behavior Therapy and Experimental Psychiatry*; *JAMA: Journal of the American Medical Association*; *Journal of Child Psychology and Psychiatry*; *Journal of Clinical Child and Adolescent Psychology*; *Journal of Clinical Psychology*; *Journal of Consulting and Clinical Psychology*; *Journal of Child and Adolescent Psychotherapy*; *Journal of Educational Psychology*; *Journal of Experimental Child Psychology*; *Journal of Experimental Psychology: General*; *Journal of Pediatric Psychology*; *Journal of Orthopsychiatry*; *Journal of Personality and Social Psychology*; *Mental Health Services Research*; *Psychological Assessment*; *Psychological Bulletin*; *Psychological Review*; *Psychotherapy Research*

KEYNOTE ADDRESSES, INVITED COLLOQUIA, GRAND ROUNDS PRESENTATIONS AT:

American Psychological Association [multiple annual meetings]; American Psychological Society [multiple annual meetings]; Association for Child and Adolescent Mental Health—Jack Tizard Memorial Address (2002 and 2015; London, England); Banff Conference on Clinical Psychology (Banff, Alberta); Boston Bar Association; Boston University; Bridging the Gap Conference, Texas Christian University, Ft. Worth, TX; California Psychological Association; Cambridge University (Cambridge, England); Case Western Reserve University; Children's Hospital Boston-Harvard Medical School; Children's Hospital Budapest, Hungary; Children's Hospital, Harvard University; Children's League of Massachusetts; Columbia University/New York State Psychiatric Institute; CORC International Conference, University College London; Cornell University; Duke University; European Association for Research on Adolescence (Liege, Belgium); Florida Conference on Child Health Psychology; Florida Mental Health

Institute; Fuller Theological Seminary; German Society of Psychology Annual Congress Clinical Psychology Section (Dresden, Germany); Harvard University—Cambridge Health Alliance Grand Rounds; Harvard University—Children’s Hospital Grand Rounds; Harvard University—Graduate School of Education; Harvard University—Massachusetts General Hospital Grand Rounds; Helping Families Change Conference, Glasgow, Scotland; Hiroshima University (Japan); Idaho State University; Helping Families Change Conference, Glasgow, Scotland; Indian National Institute of Mental Health and Neurological Science (NIMHANS—Bangalore, India); International Congress of Applied Psychology; International Association for Child and Adolescent Psychiatry and Allied Disciplines (Stockholm, Sweden); International Conference on Child and Adolescent Mental Health (Kuala Lumpur, Malaysia); International Congress of the European Society for Child and Adolescent Psychiatry (Hamburg, Germany); International Association for Child and Adolescent Psychiatry and Allied Professions (Stockholm); International Society for Research on Child and Adolescent Psychopathology (Invited addresses in London, Paris, and Sydney); Jacobs Foundation, Marbach Castle, Germany (multiple conferences); Johns Hopkins University; Kaiser Permanente; Kansas Conference on Child Psychology [multiple meetings]; King’s College London; Los Angeles Association of Mental Health Clinic Directors; Los Angeles Dependency Court Attorneys Association; National Association of Psychiatric Treatment Centers for Children; National Council for Community Behavioral Healthcare; National Research Conference on Mental Health (Oyer, Norway), National Institute of Mental Health (multiple meetings); MacArthur Foundation; Maine Medical Center; Marbach Castle (Germany) Jacobs Foundation Conference; Max Planck Institute for Human Development and Education (Berlin, Germany); Medical College of Virginia; Minnesota Association of Child Psychologists; Minnesota Symposia on Developmental Psychology; National Association of Psychiatric Treatment Centers for Children; National Institute of Mental Health (multiple); New York University; Niagara Conference on Evidence-Based Treatment (3 times); Northwestern University; Rand Corporation; Norwegian Center for Child Behavioral Development, Oslo, Norway; Norwegian National Research Conference on Child and Adolescent Mental Health (Oyer, Norway); Peking University (Beijing, China); Pennsylvania State University; Rochester Symposium on Developmental Psychopathology (two meetings); Ruhr University-Bochum (Germany); Shanghai Academy of Educational Sciences (China); State of Hawaii Conference on Best Practice for Child Mental Health; Stavanger University (Norway); Surgeon General’s Conference on Children’s Mental Health; Texas Consensus Conference on Child and Adolescent Mental Health Care; Thammasat University/Thai Association of Clinical Psychologists (Bangkok, Thailand); TrygFonden Research Conference Denmark; Turangi Research Conference, National Association of Child Psychiatrists (New Zealand); Vanderbilt University; UCLA Neuropsychiatric Institute; University of Alberta; University of Arizona; University of Auckland (New Zealand); University of Bergen (Norway); University of Christchurch (New Zealand); University College London; University of Kansas; University of Konstanz (Germany); University of North Carolina at Chapel Hill; University of Miami; University of Michigan; University of Minnesota; University of Mississippi-Oxford; University of Mississippi Medical Center-Jackson; University of Nebraska-Lincoln; University of Ottawa; University of Rochester; Seoul National University (Seoul, Korea); University of Southern California; University of Texas at Austin; University of Utrecht (Netherlands), University of Vermont; Virginia Commonwealth University; VKJP-40th Anniversary Conference, Dutch Federation of Child and Adolescent Psychotherapy, The Netherlands; William and Mary University; Yale University; Yonsei University (Korea).

PRIMARY EXTRAMURAL SUPPORT

1. Child Behavior Problems in Cultural Context

Cross-cultural research on the prevalence of child and adolescent clinical problems, and of adult judgments about the etiology and relative seriousness of such problems, in Thailand and the U.S.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....09/15/83 – 06/30/87
 Direct costs awarded.....\$86,662

2. Carolina Youth Outcome Project

Study of changes in the frequency and patterning of behavioral and emotional problems in children and adolescents treated as outpatients in community clinics in North Carolina.

My role.....Principal Investigator
 Funding source.....NC Dept. Human Resources
 Grant period.....03/01/83 – 06/30/86
 Direct costs awarded.....\$153,477

3. Development of Reasoning About Control

Series of studies of age group differences in control-related judgmental processes among children and adolescents.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....07/01/83 – 04/30/86
 Direct costs awarded.....\$14,958

4. Post-treatment Adjustment of Violent and Assaultive “Willie M” Youth

Evaluation of adjustment and psychological functioning among violent and assaultive youth diagnosed as suffering from psychological disorders, who received treatment through North Carolina’s Willie M intervention program.

My role.....Principal Investigator
 Funding source.....NC Dept. Human Resources
 Grant period.....12/1/86 – 6/30/88
 Direct costs awarded...\$101,583

5. Further Studies of Post-treatment Adjustment of Violent and Assaultive “Willie M” Youth

Attempt to identify characteristics of the treatments provided, and characteristics of the youngsters treated, which are associated with relatively good adjustment at follow-up among Willie M youth.

My role.....Principal Investigator
 Funding source.....NC Dept. Human Resources
 Grant period.....10/15/88 – 6/30/89
 Direct costs awarded.....\$14,800

6. Child Behavior Problems in Cultural Context, II.

Competing continuation of the program of research on child and adolescent problems, and adult attitudes, in Thailand and the U.S.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....7/1/87 – 6/30/92
 Direct costs awarded.....\$297,931

7. Studying Clinic-Based Child Mental Health Care, I

Study of access to, and persistence in, psychotherapy by children and adolescents admitted to outpatient mental health clinics.

My role.....Principal Investigator
 Funding source.....NIMH

Grant period.....9/1/91 – 8/31/94
 Direct costs awarded.....\$500,826

8. Studying Clinic-Based Child Mental Health Care, II

Competing continuation, to focus on outcomes of outpatient psychotherapy with children and adolescents treated in mental health clinics.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....9/1/94 – 05/31/00
 Direct costs awarded.....\$1,150,883

9. Community Clinic Test of Youth Anxiety and Depression Treatments

Test of the effectiveness of structured, manualized, and empirically-supported treatments for youth anxiety and youth depression, exported to community clinics setting and implemented by clinic-employed therapists, with clinic-referred 8-15 year-olds, who are randomly assigned to the structured treatments or to the usual treatment in their clinics.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....9/1/97 – 8/31/03
 Direct costs awarded.....\$1,791,256

10. Developing a Robust Youth Depression Prevention Program

Test of an adaptation and extension of our manualized depression treatment program, used as a prevention program for middle school youth aged 10-14. At-risk youth are identified through a managed care company, based on depression in their parents. The program presents the main lessons and coping skills via videos, which are interspersed with group discussion and personalizing of key points, guided by clinically trained group leaders.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....5/1/01 – 4/30/05
 Direct costs awarded.....\$375,000

11. Linking Science and Practice to Improve Youth Mental Health Care

Two-part project involving systematic review of the evidence on treatment outcome to identify beneficial treatments for youth mental health problems, then develop a project to test evidence-based treatments that appear particularly deployable, in service settings for youth.

My role:.....Principal Investigator
 Funding source:.....MacArthur Foundation
 Grant period:.....1/1/02 – 12/31/04
 Direct costs awarded.....\$475,000

12. Video-Guided School-Based Treatment of Youth Depression [R01 MH068806]

Clinical trial of the video-guided version of our cognitive-behavioral treatment program for youth depression, with treatment delivered to youths in middle schools. Outcomes compared to those of youths treated by school counselors and psychologists.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....9/01/03 – 8/31/09
 Direct costs awarded.....\$1,320,122

13. Research Network on Youth Mental Health: Phase II. Evidence-Based Practice for Children and Adolescents [Grant #83423]

Two companion empirical studies focused on the use of evidence-based treatments in practice settings. A clinical trial, the Clinic Treatment Project, will test evidence-based treatments for depression, anxiety, and conduct problems/disorder in community mental health clinics of two large cities. Evidence-based treatments will be delivered through standard manuals versus modular manuals, and outcomes will be compared to outcomes of usual clinical care in those clinics. The Clinic Systems Project will assess the real-world climate for evidence-based treatments by surveying practice patterns, financing and policy factors, and organizational characteristics of a representative sample of 200 community mental health clinics from 38 states, using clinic directors and clinical staff as informants in each setting.

My role.....Principal Investigator and Network Director
 Funding source.....MacArthur Foundation
 Grant period.....10/01/03 – 9/30/12
 Direct costs awarded..... \$5,000,000

14. Research Network on Youth Mental Health: Phase III. Implementing and Sustaining Evidence-Based Practice Using the Child STEPs Model [Grant # 90231]

Empirical tests of a multi-component implementation model developed by the Network in its previous research on evidence-based practice for children. The test will focus on implementation of evidence-based practices for child anxiety, depression, and conduct problems, among children referred to community mental health outpatient settings. The Child STEPs implementation model includes (a) clinician training and case consultation in evidence-based interventions, (b) intervention components organized within modules, to address comorbidity and changes in problem focus during treatment, (c) weekly tracking of child progress during intervention, with electronic display of information for clinicians and supervisors, to guide the treatment process, (d) training and support for families involved in treatment, to enhance session attendance and treatment participation by children and family members, and (e) implementation of procedures to support clinics' assimilation of the new skills and procedures and to sustain the changes over time after the research support ends. Two states will participate, and assessment will focus on both implementation measures and child clinical outcomes.

My role.....Principal Investigator and Network Director
 Funding source..... MacArthur Foundation
 Grant period.....10/01/07 – 9/30/11
 Direct costs awarded..... \$3,316,000

15. Testing the Child STEPs Model in Outpatient Care

Randomized trial of the Child STEPs model (see above) in child and adolescent mental health clinics in Maine, with a special focus on child welfare youth who are referred to the clinics for treatment of depression, anxiety, and/or conduct problems.

My role.....Principal Investigator and Network Director
 Funding source.....Casey Family Programs
 Grant period.....9/01/08 – 11/31/11
 Direct costs awarded..... \$1,500,000

16. Leveraging Scientific Knowledge to Enhance the Delivery of Effective Mental Health Services for Children

Series of studies focused on the use of scientific methods and findings to improve the quality and effectiveness of child and adolescent mental health care. The studies include a meta-analysis of the evidence base, and development and implementation of efficient and practice-friendly brief assessment and treatment methods. This work is intended to accompany development of a Child Mental Health Science-Practice-Policy Network in which researchers, leaders in clinical practice, and mental health policy and finance officials will work together to leverage scientific knowledge to improve child and adolescent mental health care.

My role.....Principal Investigator
 Funding source.....Norlien Foundation
 Grant period.....10/01/08 – 6/30/20
 Direct costs awarded..... \$400,000

17. Dissemination of Evidence-Based Child STEPs Treatment Model

Strengthening a test of the Child STEPs treatment program for youth anxiety, depression and disruptive conduct. The funds are used to add a Family Partner component to a Maine-based trial of the program, and to provide compensation that enables community clinics and clinicians to participate in the trial

My role.....Principal Investigator
 Funding source.....Annie E. Casey Foundation
 Grant period.....01/01/09 – 12/31/12
 Direct costs awarded..... \$1,073,520

18. Behavioral and Affective Skills in Coping (BASIC): Practice-Adapted Child Psychotherapy [R34 MH085963]

Refining and testing a new protocol using a principle-driven approach to evidence-based practice. The BASIC manual will be refined through cooperation with a team of community clinicians applying the skills with community-referred youths. The final version of the protocol will be tested in a community-based trial.

My role.....Principal Investigator
 Funding source.....National Institute of Mental Health
 Grant period.....12/01/09 – 10/30/13
 Direct costs awarded..... \$450,000

19. MATCHing Child Mental Health Needs in the Public Sector: Studying Sustainability

Randomized controlled trial to assess sustainability of the Child STEPS treatment model in outpatient youth mental health care. The combination of the MATCH protocol and weekly outcome tracking (using a web-based information system) will be employed by (a) clinicians who have used the STEPS model under expert supervision for 18 months and are shifted to local supervision with no external support, and (b) clinicians who are new to STEPS and receive expert supervision. Youths referred to outpatient clinics through normal community channels will be randomly assigned to clinician group a vs. b. Sustainability will be assessed by comparison of treatment fidelity and clinical outcomes in group a vs. b, and comparison of fidelity and outcomes in group a with vs. without external expert supervision.

My role.....Principal Investigator
 Funding source.....Annie E. Casey Foundation
 Grant period..... 1/1/11—12/31/14
 Direct costs awarded.....\$1,049,241

20. Consumer and Clinician Feedback in Youth Mental Health Care

A blend of qualitative and quantitative research, focused on (a) refining a web-based information system for weekly monitoring of youth response to psychotherapy, (b) development of methods for providing feedback from this system to young clients' clinicians and caregivers, and (c) pilot testing the effects of this feedback on the process and outcome of youth psychotherapy.

My role.....Principal Investigator
 Funding source.....National Institute of Mental Health
 Grant period..... 7/19/12—4/30/14
 Direct costs awarded.....\$450,000

21. Connecticut Child STEPs

A randomized controlled trial comparing two different approaches to implementing the MATCH treatment protocol and the Child STEPs treatment model. Four large outpatient clinics in Connecticut are the primary sites for the RCT, with additional clinics testing skill-building through learning collaborative methods. The study includes behavioral and psychophysiological measures designed to assess candidate mechanisms of change.

My role.....Principal Investigator
 Funding source.....Connecticut Health & Development Institute
 Grant period.....7/1/13 – 6/30/18
 Direct costs awarded...\$3,841,557

21. School Outcomes of Integrative Mental Health Services

A randomized controlled trial testing the impact of the MATCH treatment protocol delivered in the context of school-based mental health services. The RCT will compare MATCH to usual mental health services delivered by clinical staff of the Brookline, MA school district and clinicians from a large Brookline-based community mental health center. The study includes behavioral and neuroimaging assessments designed to tap processes that may be mechanisms of change.

My role.....Principal Investigator

Funding source.....Institute of Education Sciences, US Dept. of Education
 Grant period.....7/1/2014 – 6/30/18
 Direct costs awarded...\$2,589,755

NIMH Research Scientist Award: Research on Child Mental Health Care and Its Effects
 K05 Research Scientist Award to facilitate my program of research
 through salary support, released time, and travel funding.

My role: PI / Awardee
 Funding source: NIMH
 Grant Period: 9/01/94 – 4/30/00
 Direct Costs Awarded: \$464,958

RESEARCH AND FELLOWSHIP AWARDS TO WEISZ LAB STUDENTS AND POSTDOCTORAL FELLOWS

American Psychological Foundation, Elizabeth Munsterberg Koppitz Fellowship to graduate student advisee: Jessica Schleider

Harvard University, Julius B. Richmond Fellowship to graduate student advisee: Jessica Schleider

NIMH National Research Service Awards (NRSA) to graduate student advisees:

Geri Donenberg, Samantha Fordwood, Kristin Hawley, Amanda Jensen-Doss, Carolyn McCarty,
 Bryce McLeod, Jessica Schleider, Christopher Thurber, Robin Weersing

NIMH Minority Supplement Awards to graduate/postdoctoral advisees: Susan Han, Antonio Polo

Ford Foundation Fellowship to graduate student advisee: Joe Albert Garcia

American Psychological Assn Minority Fellowship to graduate student advisee: Vickie Chang

Sackler Foundation Graduate Research Fellowship:

Mei Yi Ng. Project title: *Cortisol and α -amylase Activity in Children Attending a Summer Treatment Program for Externalizing Problems*

Nancy Lau. Project title: *The Effects of Biological Response on Exposure Therapy for Children with Social Anxiety Disorder*

Rachel Vaughn-Coaxum. Project title: *Associations among Allostatic Load, Cognitive Self-Regulatory Capacity, and Depression Symptoms in Middle School Youths Responding to a Stressful Performance Task*

NIMH K-Awards to postdoctoral fellows:

Sara Kate Bearman. Project title: *Practice-Based Evidence: Enhancing the Evidence Base for Adolescent Depression*

Dikla Eckshtain. Project title: *Using a SMART Experimental Design to Personalize Treatment for Child Depression*

INTERVENTION MANUALS AND MATERIALS

Weisz, J.R., Weersing, V.R., Valeri, S.M., & McCarty, C.A. (1999). *Therapist's Manual PASCET: Primary and secondary control enhancement training program*. Los Angeles: University of California.

Weisz, J.R., Weersing, V.R., Valeri, S.M., & McCarty, C.A. (1999). *Act & Think: Youth Practice Book for PASCET*. Los Angeles: University of California.

Weisz, J.R., Moore, P.S., Southam-Gerow, M., Weersing, V.R., Valeri, S.M., & McCarty, C.A. (1999). *Therapist's Manual PASCET: Primary and secondary control enhancement training program, 2nd edition*. Los Angeles: University of California.

Weisz, J.R., Moore, P.S., Southam-Gerow, M., Weersing, V.R., Valeri, S.M., & McCarty, C.A. (1999). *Act & Think: Youth Practice Book for PASCET, 2nd edition*. Los Angeles: University of California.

Connor-Smith, J.K., Jensen, A.L., & Weisz, J.R. (2002). *Leader's Manual: Act & Adapt PASCET Program*. Los Angeles: University of California.

Connor-Smith, J.K., Jensen, A.L., & Weisz, J.R. (2002). *Youth Workbook: Act & Adapt PASCET Program*. Los Angeles: University of California.

Connor-Smith, J.K., Jensen, A.L., & Weisz, J.R. (2002). *Act & Adapt: A Video Series to Guide the PASCET Program*. Los Angeles: University of California.

Weisz, J.R., Gray, J.S., Bearman, S.K., Stark, K. (2008). *Therapist's Manual PASCET: Primary and secondary control enhancement training program, 3rd edition*. Los Angeles: University of California.

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*Current/former students and postdoctoral fellows

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