



VITA [Last revised 11/7/2023]

John R. Weisz, Ph.D., ABPP
Henry Ford II Professor of the Social Sciences
Department of Psychology, Faculty of Arts and Sciences, Harvard University
Professor, Harvard Medical School

Office

Department of Psychology
1030 William James Hall
Harvard University
33 Kirkland Street
Cambridge, MA 02138
Email : john_weisz@harvard.edu
Lab website : <http://weiszlab.fas.harvard.edu>

Personal

Born Newton, Mississippi, USA Married, four children Wife: Jenny Weisz, attorney

Education

Yale University, MS and Ph.D.
Specialization: Clinical and Developmental Psychology

(Peace Corps Volunteer; Nairobi, Kenya)

Mississippi College, BA
Major: Psychology Minor: Philosophy

Positions

Professor, Department of Psychology, Faculty of Arts and Sciences, Harvard University, 2007-present
Professor, Harvard Medical School (Visiting Professor 2004; Professor 2005-present)
President and CEO, Judge Baker Children's Center, Harvard Medical School, 2004-2012
Professor, Department of Psychology. University of California at Los Angeles (1990-2006, on leave 2004-2006)
Professor, Department of Psychiatry and Biobehavioral Sciences, University of California at Los Angeles (2000-2006, on leave 2004-2006)
Director, Research Network on Youth Mental Health (MacArthur Foundation), 2001-2012
Chair, UCLA Graduate Program in Clinical Psychology, Director of Clinical Training, and Director of UCLA Psychology Clinic (1991-94)
Assistant Professor, Associate Professor, then Professor, University of North Carolina at Chapel Hill (1978-1990)
Director of Research and Psychological Services, Virginia Treatment Center for Children Richmond, VA, and Professor, Medical College of Virginia, Richmond, VA (1987-1988)
Assistant Professor, Cornell University (1975-1978)

Awards, Offices, and Appointments in Professional Organizations

Doctor Honoris Causa (honorary doctoral degree), Autónoma University, Lima, Peru, 2022

Elizabeth Hurlock Beckman Award, for mentee creation of organizations that “benefit the community”—Child & Family Institute (U.S.) and Shamiri Institute (Sub-Saharan Africa), 2021

Sarah Gund Prize for Research and Mentorship in Child Mental Health, Scientific Research Council, Child Mind Institute, 2019

Dorothy Bishop JCPP Best Paper Award, for an article co-authored with Jessica Schleider, voted the best of 2018, *Journal of Child Psychology and Psychiatry*

Advisory Group, Harvard University Initiative on Global Mental Health, 2017-

Speaker’s Bureau, Harvard Alumni Association, 2017-

Harvard Faculty of Arts & Sciences Dean’s Award for Teaching Excellence, 2017

Klaus-Grawe Award for the Advancement of Innovative Research in Clinical Psychology and Psychotherapy, Klaus-Grawe Foundation for the Advancement of Psychotherapy Research, 2015

James McKeen Cattell Lifetime Achievement Award, Association for Psychological Science, 2013

Order of the Golden Arrow, Lifetime Achievement Alumni Award, Mississippi College, 2013

Harvard Favorite Professors, Harvard College, 2011

Fellow, Association for Psychological Science, 2011

Chair, Scientific Advisory Group, National Academy for Parenting Research, Institute of Psychiatry, University College London, London, UK, 2008-2012

Affiliated Faculty, Center on the Developing Child at Harvard University, 2008-present

Third Lantern Award, Rotary Club, 2009

American Psychological Association Presidential Citation, 2008

Chair, Child Mental Health Working Group, Center on the Developing Child at Harvard University, 2007-2008

Elected Fellow, American Academy of Clinical Child and Adolescent Psychology, 2007-

President’s Circle, Rotary Club of Boston, 2007 [“A select group of ten leaders in the Boston area”]

Elected Member, Board on Children, Youth, and Families—National Academy of Sciences/Institute of Medicine, 2007-2010

Distinguished Scientific Contribution Award, Society of Clinical Child and Adolescent Psychology, Division of Clinical Child and Adolescent Psychology, American Psychological Association, 2005

Nicholas Hobbs Award, American Psychological Association Division of Child, Youth, and Family Services, 2004

Distinguished Scientific Achievement in Psychology Award, California Psychological Association, 2004

Elected Member, Board of Scientific Affairs, American Psychological Association, 2004-2007

Diplomate, American Board of Professional Psychology, 2003-present (diploma #5738)

Honorary degree: Master of Arts, Harvard Medical School, 2005

Chair, Committee on Science and Practice, Society of Clinical Psychology (American Psychological Association, Division 12), 2000-2002

Director, Research Network on Youth Mental Health, MacArthur Foundation, 2001-2012

Distinguished Teaching Award, Department of Psychology, UCLA, 2001

Chair, Committee on Evidence-Based Practice, Society of Clinical Child and Adolescent Psychology (APA, Division 53), 2001-present

President, International Society for Research in Child and Adolescent Psychopathology, 2001-2003

President, Society of Clinical Child & Adolescent Psychology, Division 53, American Psychological Association, 2000

Highly Cited Researchers (h>100), Cybermetrics, 2018, 2019, 2020, 2021, 2022, 2023

Citation Statistics (as of 11/7/2023)**Google Scholar:** <https://scholar.google.com/citations?user=qeEPeb0AAAAJ&hl=en>

Total citations: 64,037

h-index: 126 (126 publications cited 126 times or more; actual range 126-3666)

i10 index: 351 (351 publications cited 10 times or more)

Clinical Licensure

Massachusetts license (Psychologist and Health Service Provider) #8479 (active 8/18/2005-present)

NPI Individual Registry with National Plan & Provider Enumeration System: NPI#1013285212

Previous Psychologist licensure in North Carolina and California

Board Certification

Specialty Board Certification in Clinical Child and Adolescent Psychology, American Board of Professional Psychology—diploma #5738 (active 2003-present)

Clinical Training

Clinical Psychology PhD program, Yale University, 1971-5

Clinical Psychology Internship (American Psychological Association-accredited) Connecticut

Valley Hospital, Middletown, CT. Psychotherapy and assessment with children, adolescents, and adults.). 1974-5

Professional and Community Boards and Service

Scientific Advisory Board, AIM for Mental Health, 2016-

Scientific Advisory Board, EMPOWER, 2020-

Scientific Advisory Board, Shamiri Institute, 2020-

Advisory Group, Harvard Initiative on Global Mental Health and Sustainable Development, 2017-

Harvard Speakers Bureau, Harvard Alumni Association, 2016-

Scientific Advisory Board, Richard and Susan Smith Family Foundation, 2017-

Board on Children, Youth, and Families—National Academy of Sciences/Institute of Medicine, 2007-2010

Chair, Scientific Advisory Group, National Institute for Parenting Professionals, Institute of Psychiatry, University College London, London, UK, 2008-2012

Chair, Child Mental Health Working Group, Harvard Center on the Developing Child, 2007-08

Scientific Advisory Committee, Massachusetts Behavioral Health Partnership, 2005-present

Board of Directors, Children's League of Massachusetts, 2007-present

Committee on Evidence-Based Practice, Children's League of Massachusetts, 2007-present

Child and Adolescent Services Research Center, San Diego. Scientific Advisory Board, 2000-05

Teaching Experience: G=Graduate, U=Undergraduate**Harvard University** (2007-present)

1. Developmental Psychopathology (U and G)
2. Psychology Department Proseminar (G, Clinical Child & Adolescent Psychology)
3. Research Methods in Child and Adolescent Clinical Psychology (U and G)
4. Psychotherapy: Science and Practice (U and G)
5. Psychological Treatment Research (G)

University of California at Los Angeles (1990-2004)

1. Research on Child and Adolescent Psychopathology and Psychotherapy (G)
2. Foundations of Professional Clinical Psychology (G)
3. Various topical seminars (G)
4. Clinical Psychology of Childhood and Adolescence (U: I developed this course and taught it yearly; it was formally added to the undergraduate curriculum in 1996; in student course evaluations, it was the highest-rated large [i.e., over 100 students] lecture class in the Psychology Department)

University of North Carolina at Chapel Hill (1978-90)

1. Advanced Psychopathology: Childhood and Adolescence (G)
2. Introduction to Personality (U)
3. Psychological Disorders of Childhood and Adolescence (U: I developed this course; it was added to the undergraduate curriculum in 1981).
4. The Psychology of Control (U; topical seminar)
5. Developmental Perspectives on Child Psychopathology (G: topical seminar)

Cornell University (1975-1978)

1. Introduction to Human Development (U)
2. Atypical Development and Child Psychopathology (U)
3. Personality and Cognitive Development in the Mentally Retarded (G)
4. Cognitive and Personality Development (G)

Yale University (1973-1974)

Graduate Teaching Fellow, course in Developmental Psychology (U)

U.S. Peace Corps, Nairobi, Kenya (1968-1971)

Kenyatta National Hospital; Lecturer in Psychology—designed & taught 3 courses: Introduction to Psychology, Developmental Psychology, and Abnormal Psychology

Memberships

American Psychological Association: Member and Fellow of Divisions 12 (Society of Clinical Psychology) and 53 (Society of Clinical Child and Adolescent Psychology)

Association for Psychological Science: Member, Fellow, James McKeen Catell Fellow

International Society for Research in Child and Adolescent Psychopathology, Member and Past-President

Former Doctoral Student Advisees (D) and Post-Doctoral Fellows (P) and their Positions

- Alisha R. Alleyne (P).....Senior Research Leader for Trust & Security, Google, LLC.
- Sarah Kate Bearman (P).....Associate Professor, and Joe R. & Teresa Lozano Long Endowed Faculty Fellow, University of Texas at Austin
- Francis (Tony) Bonadio (P).....Research Assistant Professor, University of Connecticut
- Lysanne te Brinke (G,P).....Assistant Professor, Erasmus University (The Netherlands)
- Daniel M. Cheron (P).....Vice President of Programs, Implementation, and Training, Judge Baker Children’s Center, Harvard Medical School; Instructor, Harvard Medical School
- Brian C. Chu (P).....Professor and Chair, Department of Clinical Psychology, Rutgers University; Director, Rutgers Youth Anxiety and Depression Clinic
- Gerri R. Donenberg (D)..... Professor of Medicine and Psychology; Director, Center for Dissemination and Implementation Science; University of Illinois at Chicago
- Dikla Eckshtain (P).....Assistant Professor, Harvard Medical School/Massachusetts General Hospital
- Spencer C. Evans (P).....Assistant Professor, University of Miami
- Sarah Francis (P).....Associate Professor and Director of Clinical Training, University of Toledo
- Joe Albert Garcia (G).....Associate Professor, California State University at Fullerton
- Elana Gordis (P).... Associate Professor, Area Head, and Director of Clinical Training, State University of New York at Albany
- Douglas A. Granger (P).....Chancellor’s Professor and Director, Institute for Salivary Bioscience, University of California, Irvine
- Jane Gray (P).....Assistant Professor and Director of Clinical Training, Counseling, and School Psychology Doctoral Programs, College of Education, University of Texas at Austin
- Sherelle Harmon (P).....Research Assistant Professor, Florida State University
- Jenny Herren (P)Associate Professor, Brown University
- Jacqueline Hersh (P)..... Assistant Professor and Clinic Director, Appalachian State University
- Kristin Hawley (G).....Associate Professor, University of Missouri
- Stanley Huey (G).....Associate Professor, University of Southern California
- Amanda Jensen Doss (G)..... Professor, University of Miami
- Sofie Kuppens (P).....Head of Research and Valorization, Karel de Grote University College, Antwerp, Belgium
- Michael Lambert (G).....Professor, University of North Carolina at Chapel Hill
- David Langer (G,P)... Associate Professor and Clinical Psychology Program Director, Suffolk University
- Anna Lau (G)..... Professor, University of California, Los Angeles
- Nancy Lau (G)..... Assistant Professor, University of Washington
- Erica Lee (P).....Assistant Professor, Harvard Medical School, Boston Children’s Hospital
- Heather MacPherson (P)..... Assistant Professor, William James College
- Carolyn McCarty (G).....Research Professor, University of Washington
- Bryce D. McLeod (G)...Professor, Virginia Commonwealth University, Associate Editor, *Behavior Therapy*
- Lauren Krumholz Marchette (P).....Founding Co-Director, Cognitive-Behavioral Therapy Program, Cambridge Health Alliance, Instructor, Harvard Medical School
- Mei Yi Ng (G).....Assistant Professor, Florida International University
- Antonio Polo (P)..... Professor, DePaul University
- Maggi Price (P).....Assistant Professor, Boston College
- Jacqueline Raftery-Helmer (P).....Associate Professor, Worcester State University
- Gabriela Rodriguez (P).....Assistant Professor, Indiana University, Bloomington
- Dorit Roer-Strier (G)Professor and Director, Paul Baerwald School of Social Work and Social Welfare, Hebrew University, Jerusalem
- Jessica Schleider (G).....Associate Professor and Director of Digital Services in the Center for Behavioral Intervention Technologies, Northwestern University
- Michael Southam-Gerow (P)...Professor and Chair, Department of Psychology, Virginia Commonwealth University. Associate Editor, *Journal of Consulting & Clinical Psychology*; Associate Editor, *Journal*

of Clinical Child & Adolescent Psychology

Kristel Thomassin (P).....Associate Professor, University of Guelph, Canada
 Christopher Thurber (G).....Psychologist and Faculty, Phillips Exeter Academy
 Ana M. Ugueto (P).....Associate Professor, University of Texas Health Sciences Center, Houston
 Alanna Updegraff (G).....Associate Professor and Director, Psychological Clinic, Graduate
 Program in Clinical Psychology, Kent State University
 Rachel A. Vaughn-Coaxum (G).Assistant Professor, Western Psychiatric Institute, University of Pittsburgh
 Bernadette R. Walter (G)..... Professor and Director Noble H. Kelley Psychological Services Center,
 University of Louisville
 Robin Weersing (G)...Professor, San Diego State University/University of California at San Diego Joint
 Clinical Psychology Program; Associate Editor, *Journal of Clinical Child & Adolescent Psychology*
 Melissa Wei (G).....Assistant Professor, University of California San Francisco
 Bahr Weiss (G).....Professor (emeritus), Vanderbilt University; Senior Fellow, Vanderbilt Institute for
 Global Health; Visiting Foreign Professor, Vietnam National University
 Sarah W. Whitton (P)..... Professor, University of Cincinnati
 May Yeh (G).....Associate Professor, San Diego State University
 /University of California at San Diego—Joint Clinical Psychology Program

Professional Activities**Principal Editor for Clinical Psychology:**

TheScientificWorld, 2000-2011

Associate Editor:

Perspectives on Psychological Science (American Psychological Society), 2007-2009
Journal of Consulting and Clinical Psychology, 2000-2001

Editorial Board for:

Annual Review of Clinical Psychology, 2007-2011
Child Development, 1980-1981
Child and Adolescent Mental Health, 2001-present
Clinical Psychological Science, 2011-2015
Clinical Psychology: Science and Practice, 2002-2005
Developmental Psychology, 1978-1979
Development and Psychopathology, 1994-2000
Journal of Consulting & Clinical Psychology, 1987-1990, 1994-2000, 2002-2019
Journal of Clinical Child and Adolescent Psychology, 1992-1996, 2010-present
Journal of Clinical Psychology, 1996-2000
Administration and Policy in Mental Health and Mental Health Services Research, 1997-2011
Report on Emotional and Behavioral Disorders in Youth, 2000-2011

Editorial Reviewing for:

American Journal of Mental Deficiency; *American Journal of Psychiatry*; *American Psychologist*;
Archives of General Psychiatry; *Behavior Therapy*; *Behavior Therapy and Experimental Psychiatry*;
Child Development; *Clinical Psychology Review*; *Clinical Psychology: Science and Practice*;
Contemporary Psychology; *Development and Psychopathology*; *Developmental Psychology*;
Evidence-Based Mental Health; *International Journal of Behavioral Development*; *JAMA: Journal*
of the American Medical Association; *Journal of Abnormal Psychology*; *Journal of Abnormal*
Child Psychology; *Journal of the American Academy of Child and Adolescent Psychiatry*; *Journal*
of Behavior Therapy and Experimental Psychiatry; *JAMA: Journal of the American Medical*
Association; *Journal of Child Psychology and Psychiatry*; *Journal of Clinical Child and Adolescent*
Psychology; *Journal of Clinical Psychology*; *Journal of Consulting and Clinical Psychology*;
Journal of Child and Adolescent Psychotherapy; *Journal of Educational Psychology*; *Journal of*

Experimental Child Psychology; Journal of Experimental Psychology: General; Journal of Pediatric Psychology; Journal of Orthopsychiatry; Journal of Personality and Social Psychology; LANCET Psychiatry; Mental Health Services Research; Psychological Assessment; Psychological Bulletin; Psychological Review; Psychotherapy Research

KEYNOTE ADDRESSES, INVITED COLLOQUIA, GRAND ROUNDS PRESENTATIONS AT:

American Psychological Association [multiple annual meetings]; Association for Child and Adolescent Mental Health—Jack Tizard Memorial Address (2002 and 2015; London, England); Association for Psychological Science [multiple annual meetings]; Autonoma University, Lima, Peru; Banff Conference on Clinical Psychology (Banff, Alberta); Boston Bar Association; Boston University; Bridging the Gap Conference, Texas Christian University, Ft. Worth, TX; California Psychological Association; Cambridge University (Cambridge, England); Case Western Reserve University; Children’s Hospital Boston-Harvard Medical School; Children’s Hospital Budapest, Hungary; Children’s Hospital, Harvard University; Children’s League of Massachusetts; Chinese Mental Health Association, Beijing; Columbia University/New York State Psychiatric Institute; CORC International Conference, University College London; Cornell University; Duke University; European Association for Research on Adolescence (Liege, Belgium); Florida Conference on Child Health Psychology; Florida Mental Health Institute; Fuller Theological Seminary; German Society of Psychology Annual Congress Clinical Psychology Section (Dresden, Germany); Harvard Club of Beijing, China; Harvard University—Cambridge Health Alliance Grand Rounds; Harvard University—Children’s Hospital Grand Rounds; Harvard University—Graduate School of Education; Harvard University—Judge Baker Children’s Center; Harvard University—Massachusetts General Hospital Grand Rounds; Helping Families Change Conference, Glasgow, Scotland; Hiroshima University (Japan); Idaho State University; Indian National Institute of Mental Health and Neurological Science (NIMHANS—Bangalore, India); International Congress of Applied Psychology; International Association for Child and Adolescent Psychiatry and Allied Disciplines (Stockholm, Sweden); International Conference on Child and Adolescent Mental Health (Kuala Lumpur, Malaysia); International Congress of the European Society for Child and Adolescent Psychiatry (Hamburg, Germany); International Association for Child and Adolescent Psychiatry and Allied Professions (Stockholm); International Congress of Psychology (Lima, Peru); International Society for Research on Child and Adolescent Psychopathology (Invited addresses in London, Paris, and Sydney); Jacobs Foundation, Marbach Castle, Germany (multiple conferences); Johns Hopkins University; Kaiser Permanente; Kansas Conference on Child Psychology (multiple); King’s College London; Los Angeles Association of Mental Health Clinic Directors; Los Angeles Dependency Court Attorneys Association; National Association of Psychiatric Treatment Centers for Children; National Council for Community Behavioral Healthcare; National Research Conference on Mental Health (Oyer, Norway), National Institute of Mental Health (multiple meetings); MacArthur Foundation; Maine Medical Center; Marbach Castle (Germany) Jacobs Foundation Conference; Max Planck Institute for Human Development and Education (Berlin, Germany); Medical College of Virginia; Minnesota Association of Child Psychologists; Minnesota Symposia on Developmental Psychology; National Association of Psychiatric Treatment Centers for Children; National Institute of Mental Health (multiple); New York University; Niagara Conference on Evidence-Based Treatment (multiple); Northwestern University (multiple); Ohio University; Rand Corporation; Norwegian Center for Child Behavioral Development, Oslo, Norway; Norwegian National Research Conference on Child and Adolescent Mental Health (Oyer, Norway); Ohio University; Peking University (Beijing, China); Pennsylvania State University; Rochester Symposium on Developmental Psychopathology (two meetings); Ruhr University-Bochum (Germany); Shanghai Academy of Educational Sciences (China); Society for the Study of Human Development; State of Hawaii Conference on Best Practice for Child Mental Health; Stavanger University (Norway); Surgeon General’s Conference on Children’s Mental Health; Texas Consensus Conference on Child and Adolescent Mental Health Care; Thammasat University/Thai Association of Clinical Psychologists (Bangkok, Thailand); TrygFonden Research Conference Denmark; Turangi Research Conference, National Association of Child Psychiatrists (New Zealand); Vanderbilt University; UCLA Neuropsychiatric Institute; University of Alberta; University of Amsterdam (The Netherlands), University of Arizona; University of Auckland (New Zealand); University of Bergen (Norway); University of Cambridge (England); University of Christchurch (New Zealand); University College London; University of Kansas; University of Konstanz (Germany); University of North Carolina at

Chapel Hill; University of Miami; University of Michigan; University of Minnesota; University of Mississippi-Oxford; University of Mississippi Medical Center-Jackson; University of Nebraska-Lincoln; University of Ottawa; University of Oxford (England); University of Rochester; Seoul National University (Seoul, Korea); University of Southern California; University of Texas at Austin; University of Toronto; University of Utrecht (Netherlands), University of Vermont (multiple); University of Virginia (multiple); University of Wageningen (The Netherlands); University of Washington; Virginia Commonwealth University; VKJP-40th Anniversary Conference, Dutch Federation of Child and Adolescent Psychotherapy, The Netherlands; William and Mary University; Yale University (multiple); Yonsei University (Korea).

PRIMARY EXTRAMURAL SUPPORT

1. Child Behavior Problems in Cultural Context
 Cross-cultural research on the prevalence of child and adolescent clinical problems, and of adult judgments about the etiology and relative seriousness of such problems, in Thailand and the U.S.

 My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....09/15/83 – 06/30/87
 Direct costs awarded.....\$86,662

2. Carolina Youth Outcome Project
 Study of changes in the frequency and patterning of behavioral and emotional problems in children and adolescents treated as outpatients in community clinics in North Carolina.

 My role.....Principal Investigator
 Funding source.....NC Dept. Human Resources
 Grant period.....03/01/83 – 06/30/86
 Direct costs awarded.....\$153,477

3. Development of Reasoning About Control
 Series of studies of age group differences in control-related judgmental processes among children and adolescents.

 My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....07/01/83 – 04/30/86
 Direct costs awarded.....\$14,958

4. Post-treatment Adjustment of Violent and Assaultive “Willie M” Youth
 Evaluation of adjustment and psychological functioning among violent and assaultive youth diagnosed as suffering from psychological disorders, who received treatment through North Carolina’s Willie M intervention program.

 My role.....Principal Investigator
 Funding source.....NC Dept. Human Resources
 Grant period.....12/1/86 – 6/30/88
 Direct costs awarded...\$101,583

5. Further Studies of Post-treatment Adjustment of Violent and Assaultive “Willie M” Youth

Attempt to identify characteristics of the treatments provided, and characteristics of the youngsters treated, which are associated with relatively good adjustment at follow-up among Willie M youth.

My role.....Principal Investigator
 Funding source.....NC Dept. Human Resources
 Grant period.....10/15/88 – 6/30/89
 Direct costs awarded.....\$14,800

6. Child Behavior Problems in Cultural Context, II.

Competing continuation of the program of research on child and adolescent problems, and adult attitudes, in Thailand and the U.S.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....7/1/87 – 6/30/92
 Direct costs awarded.....\$297,931

7. Studying Clinic-Based Child Mental Health Care, I

Study of access to, and persistence in, psychotherapy by children and adolescents admitted to outpatient mental health clinics.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....9/1/91 – 8/31/94
 Direct costs awarded.....\$500,826

8. Studying Clinic-Based Child Mental Health Care, II

Competing continuation, to focus on outcomes of outpatient psychotherapy with children and adolescents treated in mental health clinics.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....9/1/94 – 05/31/00
 Direct costs awarded.....\$1,150,883

9. NIMH Research Scientist Award: Research on Child Mental Health Care and Its Effects

K05 Research Scientist Award to facilitate my program of research through salary support, released time, and travel funding.

My role.....Principal Investigator/ Awardee
 Funding source.....NIMH
 Grant Period.....9/01/94 – 4/30/00
 Direct Costs Awarded.....\$464,958

10. Community Clinic Test of Youth Anxiety and Depression Treatments

Test of the effectiveness of structured, manualized, and empirically-supported treatments for youth anxiety and youth depression, exported to community clinics setting and implemented by clinic-employed therapists, with clinic-referred 8-15 year-olds, who are randomly assigned to the structured treatments or to the usual treatment in their clinics.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....9/1/97 – 8/31/03
 Direct costs awarded.....\$1,791,256

11. Developing a Robust Youth Depression Prevention Program

Test of an adaptation and extension of our manualized depression treatment program, used as a prevention program for middle school youth aged 10-14. At-risk youth are identified through a managed care company, based on depression in their parents. The program presents the main lessons and coping skills via videos, which are interspersed with group discussion and personalizing of key points, guided by clinically trained group leaders.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....5/1/01 – 4/30/05
 Direct costs awarded.....\$375,000

12. Linking Science and Practice to Improve Youth Mental Health Care

Two-part project involving systematic review of the evidence on treatment outcome to identify beneficial treatments for youth mental health problems, then develop a project to test evidence-based treatments that appear particularly deployable, in service settings for youth.

My role:.....Principal Investigator
 Funding source:..... MacArthur Foundation
 Grant period:.....1/1/02 – 12/31/04
 Direct costs awarded.....\$475,000

13. Video-Guided School-Based Treatment of Youth Depression [R01 MH068806]

Clinical trial of the video-guided version of our cognitive-behavioral treatment program for youth depression, with treatment delivered to youths in middle schools. Outcomes compared to those of youths treated by school counselors and psychologists.

My role.....Principal Investigator
 Funding source.....NIMH
 Grant period.....9/01/03 – 8/31/09
 Direct costs awarded.....\$1,320,122

14. Research Network on Youth Mental Health: Phase II. Evidence-Based Practice for Children and Adolescents [Grant #83423]

Two companion empirical studies focused on the use of evidence-based treatments in practice settings. A clinical trial, the Clinic Treatment Project, will test evidence-based treatments for depression, anxiety, and conduct problems/disorder in community mental health clinics of two large cities. Evidence-based treatments will be delivered through standard manuals versus modular manuals, and outcomes will be compared to outcomes of usual clinical care in those clinics. The Clinic Systems Project will assess the real-

world climate for evidence-based treatments by surveying practice patterns, financing and policy factors, and organizational characteristics of a representative sample of 200 community mental health clinics from 38 states, using clinic directors and clinical staff as informants in each setting.

My role.....Principal Investigator and Network Director
 Funding source.....MacArthur Foundation
 Grant period.....10/01/03 – 9/30/12
 Direct costs awarded..... \$5,000,000

15. Research Network on Youth Mental Health: Phase III. Implementing and Sustaining Evidence-Based Practice Using the Child STEPs Model [Grant # 90231]

Empirical tests of a multi-component implementation model developed by the Network in its previous research on evidence-based practice for children. The test will focus on implementation of evidence-based practices for child anxiety, depression, and conduct problems, among children referred to community mental health outpatient settings. The Child STEPs implementation model includes (a) clinician training and case consultation in evidence-based interventions, (b) intervention components organized within modules, to address comorbidity and changes in problem focus during treatment, (c) weekly tracking of child progress during intervention, with electronic display of information for clinicians and supervisors, to guide the treatment process, (d) training and support for families involved in treatment, to enhance session attendance and treatment participation by children and family members, and (e) implementation of procedures to support clinics' assimilation of the new skills and procedures and to sustain the changes over time after the research support ends. Two states will participate, and assessment will focus on both implementation measures and child clinical outcomes.

My role.....Principal Investigator and Network Director
 Funding source..... MacArthur Foundation
 Grant period.....10/01/07 – 9/30/11
 Direct costs awarded..... \$3,316,000

16. Testing the Child STEPs Model in Outpatient Care

Randomized trial of the Child STEPs model (see above) in child and adolescent mental health clinics in Maine, with a special focus on child welfare youth who are referred to the clinics for treatment of depression, anxiety, and/or conduct problems.

My role.....Principal Investigator and Network Director
 Funding source.....Casey Family Programs
 Grant period.....9/01/08 – 11/31/11
 Direct costs awarded..... \$1,500,000

17. Dissemination of Evidence-Based Child STEPs Treatment Model

Strengthening a test of the Child STEPs treatment program for youth anxiety, depression and disruptive conduct. The funds are used to add a Family Partner component to a Maine-based trial of the program, and to provide compensation that enables community clinics and clinicians to participate in the trial

My role.....Principal Investigator
 Funding source.....Annie E. Casey Foundation

Grant period.....01/01/09 – 12/31/12
 Direct costs awarded..... \$1,073,520

18. Behavioral and Affective Skills in Coping (BASIC): Practice-Adapted Child Psychotherapy [R34 MH085963]

Refining and testing a new protocol using a principle-driven approach to evidence-based practice. The BASIC manual will be refined through cooperation with a team of community clinicians applying the skills with community-referred youths. The final version of the protocol will be tested in a community-based trial.

My role.....Principal Investigator
 Funding source.....National Institute of Mental Health
 Grant period.....12/01/09 – 10/30/13
 Direct costs awarded..... \$450,000

19. MATCHing Child Mental Health Needs in the Public Sector: Studying Sustainability

Randomized controlled trial to assess sustainability of the Child STEPS treatment model in outpatient youth mental health care. The combination of the MATCH protocol and weekly outcome tracking (using a web-based information system) will be employed by (a) clinicians who have used the STEPS model under expert supervision for 18 months and are shifted to local supervision with no external support, and (b) clinicians who are new to STEPS and receive expert supervision. Youths referred to outpatient clinics through normal community channels will be randomly assigned to clinician group a vs. b. Sustainability will be assessed by comparison of treatment fidelity and clinical outcomes in group a vs. b, and comparison of fidelity and outcomes in group a with vs. without external expert supervision.

My role.....Principal Investigator
 Funding source.....Annie E. Casey Foundation
 Grant period..... 1/1/11—12/31/14
 Direct costs awarded.....\$1,049,241

20. Consumer and Clinician Feedback in Youth Mental Health Care

A blend of qualitative and quantitative research, focused on (a) refining a web-based information system for weekly monitoring of youth response to psychotherapy, (b) development of methods for providing feedback from this system to young clients' clinicians and caregivers, and (c) pilot testing the effects of this feedback on the process and outcome of youth psychotherapy.

My role.....Principal Investigator
 Funding source.....National Institute of Mental Health
 Grant period..... 7/19/12—4/30/14
 Direct costs awarded.....\$450,000

21. Connecticut Child STEPs

A randomized controlled trial comparing two different approaches to implementing the MATCH treatment protocol and the Child STEPs treatment model. Four large outpatient clinics in Connecticut are the primary sites for the RCT, with additional clinics testing

skill-building through learning collaborative methods. The study includes behavioral and psychophysiological measures designed to assess candidate mechanisms of change.

My role.....Principal Investigator
 Funding source.....Connecticut Health & Development Institute
 Grant period.....7/1/13 – 6/30/18
 Direct costs awarded...\$3,841,557

22. Leveraging Scientific Knowledge to Enhance the Delivery of Effective Mental Health Services for Children

Series of studies focused on the use of scientific methods and findings to improve the quality and effectiveness of child and adolescent mental health care. The studies include a meta-analysis of the evidence base, and development and implementation of efficient and practice-friendly brief assessment and treatment methods. This work is intended to accompany development of a Child Mental Health Science-Practice-Policy Network in which researchers, leaders in clinical practice, and mental health policy and finance officials will work together to leverage scientific knowledge to improve child and adolescent mental health care.

My role.....Principal Investigator
 Funding source.....Norlien Foundation
 Grant period.....10/01/08 – 6/30/25
 Direct costs awarded..... \$400,000

23. School Outcomes of Integrative Mental Health Services

A randomized controlled trial testing the impact of the MATCH treatment protocol delivered in the context of in-person school-based mental health services. The RCT will compare MATCH to usual mental health services, with both delivered by clinicians in six school districts. The study includes behavioral and neuroimaging assessments designed to tap processes that may be mechanisms of change.

My role.....Principal Investigator
 Funding source.Institute of Education Sciences, US Dept. of Education (R305A140253)
 Grant period.....8/1/2014 – 1/31/22
 Direct costs awarded...\$2,624,752

24. Preventing the Long-Term Health Consequences of Childhood Adversity: Screening and Early Intervention in Pediatric Primary Care

Development and eventual testing of screening and intervention procedures for children and adolescents exposed to adversity. The young people will be identified in pediatric primary care settings, and consenting families will be provided a brief intervention designed to address one or more of three mechanisms identified as important in research on adversity and risk of mental health problems: difficulty in emotion regulation, cognitive bias toward risk, and reward processing difficulty. Three phases of project development are envisioned, beginning with screening and intervention development and ending with a randomized controlled trial.

My role.....Co-Investigator (Kate McLaughlin, PI)
 Funding source.....United Health Group

Grant period..... First Phase: 10/1/19 – 6/30/20
 Direct costs awarded... \$255,290

25. Shamiri: Improving Character Strengths, Wellness, Social Functioning, and Academic Achievement in Kenyan High School Youths. (TWCF0509)

Our team’s previous work with high school students in Kenya has shown significant mental health benefits of a group intervention, implemented by lay leaders, which combines growth mindset, gratitude, and values affirmation components. The Templeton project will be a dismantling study, a randomized controlled trial comparing four conditions: growth mindset, gratitude, values affirmation, and a study skills control intervention. We will test effects of the four conditions on depression and anxiety symptoms and on measures of wellness, social functioning, and academic achievement.

My role.....Co-PI (“Co-Project Director” with Dr. Christine Wasanga)
 Funding source.....Templeton World Charity Foundation
 Grant period.....6/01/20 – 7/30/22
 Direct costs awarded....\$233,926

26. COVID Era Virtual Care for Youth Mental Health in Ontario

This project involves building resources for remote/virtual mental health care by clinicians in Ontario, Canada for students in multiple school districts throughout the province. The components include training and consultation for clinicians in use of the FIRST treatment program, as well as training and support for use of online single-session digital mental health interventions developed in our lab for students and their caregivers. These efforts are intended to lay the groundwork for a randomized controlled trial research in the school-based mental health care context.

My role.....Principal Investigator
 Funding source.....School Mental Health Ontario (Canada)
 Grant period.....6/22/20 – 8/31/20
 Direct costs awarded....\$106,200

26. Testing FIRST in Youth Outpatient Psychotherapy

This is a randomized clinical trial testing FIRST, our modular transdiagnostic psychotherapy program with children and adolescents who have been referred through normal community channels to community mental health clinics. Participating partner clinics will be located in greater Boston, MA and greater Austin, TX. Outcomes will be compared for youths randomly assigned to FIRST versus youths randomly assigned to the usual treatment provided in the clinics, to determine whether FIRST improves outcomes relative to current practice. Analyses will also test candidate moderators of outcome and whether reduction in symptoms is mediated by improved emotion regulation.

My role.....Principal Investigator, with Co-PI Sarah Kate Bearman
 Funding source.....National Institute of Mental Health (R01 MH124965)
 Grant period.....4/1/21-1/31/26
 Total costs awarded....\$4,419,241

27. EMPOWER Adolescent Mental Health Program

This project involves designing and piloting a digital curriculum to train school counselors and other school personnel to deliver evidence-based intervention for adolescents who have symptoms of anxiety and/or depression. The digital training will be designed to provide a highly scalable approach to mental health skill-building for providers who support youth mental health needs in school settings.

My role.....Co-Principal Investigator with Co-PI Vikram Patel
 Funding source.....Manton Foundation
 Grant period.....7/1/22-6/30/24
 Total costs awarded....\$2,201,261

27. MentorWise

This project involves building and piloting a new strategy for youth mental health intervention that combines psychotherapy for young people provided by clinicians with support from trained volunteer mentors for implementing therapeutic skills in real life. The project will use the FIRST treatment program. Clinicians will receive full training in the program, and mentors will receive brief training materials and a brief training in the main principles of FIRST. Subsequently, both clinicians and mentors will be paired with youths who are seeking mental health treatment, and both clinicians and mentors will receive periodic consultation to support their work..

My role.....Co-Principal Investigator with Co-PIs Matthew Biel and Jean Rhodes
 Funding source.....Marriott Foundation
 Grant period.....8/1/21-7/31/23
 Total costs awarded....\$45,923

RESEARCH AND FELLOWSHIP AWARDS TO WEISZ LAB GRADUATE STUDENTS (G) AND POSTDOCTORAL FELLOWS (P)

American Psychological Foundation Awards: Jessica Schleider (G), Spencer Evans (P)

Harvard University, Julius B. Richmond Fellowship: Jessica Schleider (G)

NIMH National Research Service Awards (NRSA) to graduate student advisees:

**Geri Donenberg, Olivia Fitzpatrick, Samantha Fordwood, Kristin Hawley, Amanda Jensen-Doss,
 Carolyn McCarty, Bryce McLeod, Jessica Schleider, Christopher Thurber, Robin Weersing,
 Olivia Fitzpatrick**

National Science Foundation Graduate Fellowship: Joshua Steinberg (G)

NIMH Minority Supplement Awards: Susan Han (G), Antonio Polo (P)

Ford Foundation Fellowship: Joe Albert Garcia (G)

American Psychological Assn Minority Fellowship to graduate student advisee: Vickie Chang (G)

AIM Clinical Science Fellowship: Spencer Evans (P)

Aim Clinical Science Research Grant: Evelyn Cho (P)

Sparks Early Career Grant for Research on Serious Emotional Disturbance: Spencer Evans (P)

Templeton Foundation Research Grants (multiple): Katherine Venturo-Conerly (G)

Foundations of Human Behavior Research Grant: Olivia Fitzpatrick (G)

Inequality in America Research Grant: Evelyn Cho (P)

Sackler Foundation Graduate Research Fellowship:

Mei Yi Ng (G). Project title: *Cortisol and α -amylase Activity in Children Attending a Summer Treatment Program for Externalizing Problems*

Nancy Lau (G). Project title: *The Effects of Biological Response on Exposure Therapy for Children with Social Anxiety Disorder*

Rachel Vaughn-Coaxum (G). Project title: *Associations among Allostatic Load, Cognitive Self-Regulatory Capacity, and Depression Symptoms in Middle School Youths Responding to a Stressful Performance Task*

Melissa Wei (G). Project title: *Effects of reappraisal and acceptance on emotion regulation in socially anxious youths.*

NIMH K-Awards to postdoctoral fellows:

Sara Kate Bearman. Project title: *Practice-Based Evidence: Enhancing the Evidence Base for Adolescent Depression*

Dikla Eckshtain. Project title: *Using a SMART Experimental Design to Personalize Treatment for Child Depression*

INTERVENTION MANUALS AND MATERIALS

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PUBLICATIONS: ARTICLES AND CHAPTERS***Current/former students and postdoctoral fellows****^NThe Research Network on Youth Mental Health (John Weisz, PI and Network Director)****1972**

Weisz, J. R. (1972). East African medical attitudes. *Social Science and Medicine*, 6, 323-333 doi: 10.1016/0037-7856(72)90105-9

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